

RABBI ARTHUR SCHNEIER PARK EAST DAY SCHOOL MENU - SEPTEMBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
7	8	9	10	11
Labor Day School Closed	Barbecue Chicken Sweet Potatoes Cauliflower & Broccoli Salad Sliced Oranges Roll	Baked Ziti Caesar Salad Sauteed Spinach Strawberries & Blueberries with Yogurt Roll Salad	Sloppy Joe Carrots/Peas Rice Salad Roll Cantaloupe	Bagel Cream Cheese Tuna Salad Jelly, Soy Butter Salad Watermelon
14	15	16	17	18
Pasta and Sauce Caesar Salad Zucchini Salad Bananas Roll	Chicken Tenders Roasted Potatoes Mushroom, Spinach Salad Fruit Salad Roll	Pizza Caesar Salad Roasted Broccoli Sliced Melon Roll	Meatballs and Spaghetti Peas and Carrots Salad Apples and Honey Roll	EREV ROSH HASHANAH NO SCHOOL
21	22	23	24	25
Pizza Israeli Salad Zucchini Strawberries & Blueberries with Yogurt Roll	Hamburgers with Roll Corn on the Cob Carrots & Stringbeans Salad Peach	Macaroni & Cheese Caesar Salad Broccoli Watermelon Roll	Chicken Tenders Brown Rice Green & Yellow Squash Sliced Melon Roll	Fish Sticks Green Beans Mashed Potatoes Roll Apple Slices
28	29	30		
YOM KIPPUR NO SCHOOL	Baked Chicken Couscous Zucchini and Spinach Salad Fruit Salad Roll	Fish Sticks Mashed Potatoes Israeli Salad String Beans Salad Watermelon Roll		

Served Daily: Salad includes mixed green lettuce, tomatoes, cucumber, green & red peppers, baby carrots. 1% Low fat and skim milk are served daily on dairy days. Bottled Water is served on Meat Days. To promote healthy eating, please note that we use no processed meats, no MGS, no trans fats, only low cholesterol