



# ACT II: SESSION I

Monday September 16, 2019

through

Friday January 31, 2020

## MONDAY (13 classes)

**Yoga:** Children will take yoga adventures and experience how breath and body move together. They will learn yoga poses and implement yoga games.  
 Participants: Older 3s-Pre-K 2:00 – 3:00  
 Participants: K-3 3:45 – 4:45  
 Instructor: Helaine Herman Cost: \$455

**Karate:** Students will learn martial arts from Sifu Eddie Kelen, a 3<sup>rd</sup> degree black belt. Through the use of Karate techniques children will improve their physical coordination, concentration, confidence and self-control.  
**A uniform purchase is required. Purchase will be directly through WCMA, as well as additional items.**  
 Participants: Pre-K only 2:00-3:00  
 Participants: K- 5 4:00-5:00  
 Instructor: Sensi Eddie Kelen Cost for **NEW** Students: \$530 (includes uniform, bag, belt and headband)  
 Cost for **RETURNING** Students: \$490

**Ballet:** Learn the skill, grace and posture of ballet. This intro to ballet will last a lifetime and help posture, grace and poise.  
 Participants: Older 3s-Pre-K 2:00 - 3:00  
 Instructor: Kids Fitness NYC Cost: \$455

## TUESDAY (14 classes)

**Book Club:** This educational and fun club will read different children’s books and create projects based on the stories.  
 Participants: Older 3s –Pre-K 2:00 - 3:00  
 Instructor: Heidi Wechsler Cost: \$490

**Jewelry/Craft Club:** Create jewelry and crafts in an interactive and fun way. Work on fine motor skills while creating beautiful crafts.  
 Participants: Older 3s – Pre-K 2:00 – 3:00  
 Instructor: Caroline Couch Cost: \$510 (includes materials)

**Art Discovery:** Children’s imagination and creativity run wild as they explore with drawing, painting and sculpting. Projects develop technical and expressive skills.  
 Participants: K-3 3:45 – 4:45  
 Instructor: Marilyn Davidson Cost: \$510 (includes materials)

## WEDNESDAY (16 classes)

**Hebrew Homework Help:** Take advantage of professional guidance/tutoring in Hebrew language and Judaic Studies assignments.

Participants: Grades 1-3

3:45 – 4:45

Instructor: Nirit Sivan

Cost: \$560

**Artist Exploration:** Calling all artists! This club will teach children about famous painters and their styles. We will translate what we learn into our own work.

Participants: Older 3s-Pre-K

2:00 - 3:00

Instructor: Hagar Daniel

Cost: \$580 (includes materials)

**Cooking:** Children will experience the joy of cooking in this hands-on course. Following directions, mathematical concepts, and literacy skills will be interwoven into this fun-filled “yummy” hour.

Participants: Older 3s-Pre-K

2:00 - 3:00

Instructor: Heidi Wechsler

Cost: \$580 (includes materials)

**Sport Time:** Take this opportunity to enhance your individual and team skills in such sports as soccer, baseball, basketball and hockey. Finish off the school day in our gymnasium with your friends, getting exercise, enjoying sports and also playing your favorite Park East Gym games.

Participants: Grades 2-5

4:00 - 5:00

Instructor: Donny Wechsler

Cost: \$560

## THURSDAY (18 classes)

**Project Science:** Your child will develop critical thinking, analysis, and discovery skills while having fun creating science experiments with friends.

Participants: Older 3s-Pre-K

2:00 - 3:00

Instructor: Lauren Mayer

Cost: \$650 (includes materials)

**Building:** Each week the children will use different materials to create structures. They will challenge themselves to problem solve and discuss shape, size and strength.

Participants: Older 3s-Pre-K

2:00 - 3:00

Instructor: Shoshana Ruby

Cost: \$630

**Israeli Dance:** Learn new dance moves and the latest in Israeli music! Students will enjoy the aerobic exercise, hone their memory skills, and be ready to dazzle their friends at the next Simcha.

Participants: K-3

3:45 – 4:45

Instructor: Atara Serle

Cost: \$630

# FRIDAY

(17 classes)

**British Soccer:** Come join our indoor soccer program at Park East. You will learn the fundamentals and develop individual and team skills.

Participants: Older 3s-Pre-K

1:20 - 2:20

Instructor: British Soccer Coach

Cost: \$595

**Computers:** Educational software in all areas. Emphasis is placed on science, math, language arts, and thinking skills.

Participants: K -5

1:30-2:30

Instructor: Jaffa Nishli

Cost: \$595

**Chess:** Chess instruction under the guidance of a tournament player. Strategies and thinking skills are stressed.

Participants: K – 5

1:30-2:30

Instructor: Christopher William

Cost: \$595

**Playroom & Playground:** This club is a great way for participants to release some extra energy! Children will get to use the playroom as well as the outdoor area. Whether it's playing movement games, relay races or climbing and sliding, they are sure to have a blast.

Participants: Older 3s - K

1:20 - 2:20

Instructor: Shoshana Graham

Cost: \$595