

Act II

After School Program Session II January 28, 2019 - May 24, 2019

Registration:

- Payment and registration are only done on line.
- Class size limits will be strictly enforced.
- There are no clubs when Park East Day School is closed, including snow days.

Monday (15 classes)

Yoga: Children will take yoga adventures and experience how breath and body move together. They will learn yoga poses and implement yoga games.

Participants: Transitional 3s-Pre-K
Instructor: Helaine Herman
2:00 - 3:00
Cost: \$525

Karate: Students will learn martial arts from Sifu Eddie Kelen, a 3rd degree black belt. Through the use of Karate techniques children will improve their physical coordination, concentration, confidence and self-control. New students need to order a Karate uniform. Kindly e-mail us your child/children's height and weight so we can bring the correct size to the first class - Esterke@aol.com

Separate fee applies - T-Shirt \$15, Karate pants \$12, Headband \$2.50, Karatebag \$12.50 to be paid directly to White Crane Martial Arts. Please save the date, our Karate graduation will take place on May 20th, 2019, family and friends are invited.

Participants: 4 year olds only
Participants: Kindergarten – Grade 5
Instructor: Sensi Eddie Kelen
2:00-3:00
4:00-5:00
Cost: \$580

Ballet: Learn the skill, grace and posture of ballet. This intro to ballet will last a lifetime and help posture, grace and poise.

Participants: Transitional 3s-Pre-K
Instructor: Kids Fitness NYC
2:00 - 3:00
Cost: \$525

Hebrew Homework Helper: Take advantage of this time to get help with your homework assignments and projects.

Participants: Grades 1-6
Instructor: Morah Nurit
4:00 – 5:00
Cost \$525

Tuesday (15 classes)

Book Club: This educational and fun club will read different children's books and create projects based on the stories.

Participants: Transitional 3's –Pre K
Instructor: Heidi Wechsler
2:00 - 3:00
Cost: \$525

Jewelry Making: Creativity and originality are hallmarks of jewelry making! Children will use their visual imaginations and fine motor skills to make beautiful craft jewelry. Weekly projects will make this club fun for all!

Participants: Transitional 3's –Pre K
Instructor: Caroline Couch
2:00 - 3:00
Cost: \$545 (includes materials)

Wednesday (14 classes)

Artist Exploration: Calling all artists! This club will teach children about famous painters and their styles. We will translate what we learn into our own work.

Participants: Transitional 3s-Pre-K
Instructor: Deborah Bellin
2:00 - 3:00
Cost: \$510 (includes materials)

Cooking: Children will experience the joy of cooking in this hands-on course. Following directions, mathematical concepts, and literacy skills will be interwoven into this fun-filled “yummy” hour.

Participants: Transitional 3s-Pre-K
Instructor: Heidi Wechsler

2:00 - 3:00
Cost: \$510 (includes materials)

Sport Time: Take this opportunity to enhance your individual and team skills in such sports as soccer, baseball, basketball and hockey. Finish off the school day in our gymnasium with your friends, getting exercise, enjoying sports and also playing your favorite Park East Gym games.

Participants: Grades 2-5
Instructor: Donny Wechsler

4:00 - 5:00
Cost: \$490

Hebrew Homework Helper: Take advantage of this time to get help with your homework assignments and projects.

Participants: Grades 1-6
Instructor: Morah Nurit

4:00 – 5:00
Cost \$490

Thursday (14 classes)

Project Science: Your child will develop critical thinking, analysis, and discovery skills while having fun creating science experiments with friends.

Participants: Transitional 3s-Pre-K
Instructor: Lauren Meyer

2:00 - 3:00
Cost: \$510 (includes materials)

Guitar: The program will teach students proper guitar technique, ways to read guitar tablature and chord charts, and basic music concepts. Once a strong foundation on the instrument is built, students will have the opportunity to play their favorite songs and express their musical interests. Students need to supply their own guitar. **(limited number of students only)**

Participants: K - 6th grade
Instructor: Piano By Color Teacher

4:00 - 5:00
Cost: \$560

Friday (14 classes)

British Soccer: Come join our indoor soccer program at Park East. You will learn the fundamentals and develop individual and team skills.

Participants: Transitional 3s-Pre-K
Instructor: British Soccer Coach

1:20 - 2:20
Cost: \$490

Computers: Educational software in all areas. Emphasis is placed on science, math, language arts, and thinking skills.

Participants: Kindergarten – Grades 5
Instructor: Jaffa Nishli

1:30-2:30
Cost: \$490

Chess: Chess instruction under the guidance of a tournament player. Strategies and thinking skills are stressed.

Participants: Kindergarten – 5
Instructor: Christopher William

1:30-2:30
Cost: \$490

Movement - Playroom & Playground: This club is a great way for participants to release some extra energy! Children will get to use the playroom as well as the outdoor area. Whether it's playing movement games, relay races or climbing and sliding, they are sure to have a blast.

Participants: Transitional 3s - Kindergarten
Instructor: Shoshana Graham

1:20 - 2:20
Cost: \$490