



WE ARE A PEANUT & NUT FREE SCHOOL

Here is a list of foods, aside from nuts and peanut butter, which may contain nuts:

PLEASE LOOK AT INGREDIENT LIST ON THE ACTUAL PRODUCT CAREFULLY

1. Hershey Products: If they do not have an allergy statement on them, they are peanut/nut free!
2. Nestle Products: These do not have to have an allergy statement on them because if the ingredients do not list peanuts/nuts, then they are produced at a separate plant and are peanut/nut free. Read the ingredients carefully.
3. Reese's products are all made with peanut products.
4. If you have other chocolate products, read the labels carefully.

Foods which MAY contain peanuts/nuts – Read the ingredient list carefully.

5. Granola Bars
6. Caramel Corn
7. Packaged sandwich crackers
8. Mixed nuts, ground nuts
9. Yogurt with crunch on top (the crunch contains nuts)
10. ANYTHING COOKED WITH PEANUT OIL

NOTE: Many food products that do not actually have peanuts/nuts in them are prepared on the same equipment as peanut/nut products and will state at the end of the ingredients: "May contain peanuts." These products run the risk of cross-contamination and must be treated as if they do contain peanuts.

Please check all items carefully as peanut allergies may be extremely severe and we need everyone's cooperation to ensure the well-being of our children.



ALLERGY FORM

Child's name _____

Child's class _____

Allergies

Preferred Response

None

Call parent

Food _____

Call doctor

Medicine _____

Administer medicine

Environmental _____

Use EpiPen

Other _____

ADDITIONAL COMMENTS

This will supplement the information on your medical form.